

Welcome to the Lysefjord

The Lysefjord offers some of the world's most iconic hikes. The classics Preikestolen, Kjerag and Flørli are most known, but the 42 km long Lysefjord is also home to a wide range of other more off the beaten track hikes, all with great vistas.

On the map (→), we have selected our local favorites in the Lysefjord: the **top 10 hikes** with a fjord view.

Kjerag is also part of the **Lysefjorden Rundt** Trail, one of the country's most spectacular multi-day hiking trails. It connects Kjerag with Flørli and Preikestolen, running from fjord to mountain, and back down again several times. It winds past old mountain farms, disused hydropower settlements, mountain lakes, gorges and rock cliffs, over bedrock and through lush forests. In addition to beautiful nature, you can discover many cultural-historical treasures.

More information about our top 10 hikes and the Lysefjorden Rundt Trail can be found at lysefjorden365.com.



LYSEFJORDEN RUNDT



Lysebotn

Nestled in the heart of Lysefjord lies the quaint power village of Lysebotn, which has been providing electricity to significant portions of the country since the 1950s.

This charming village is home to only a handful permanent residents but attracts throngs of tourists and BASE jumpers from around the globe during the summer season. It serves as the ideal base camp for embarking on the Kjerag hike and numerous other day treks. Here, you can also begin or conclude your multi-day hiking adventure along the Lysefjord.

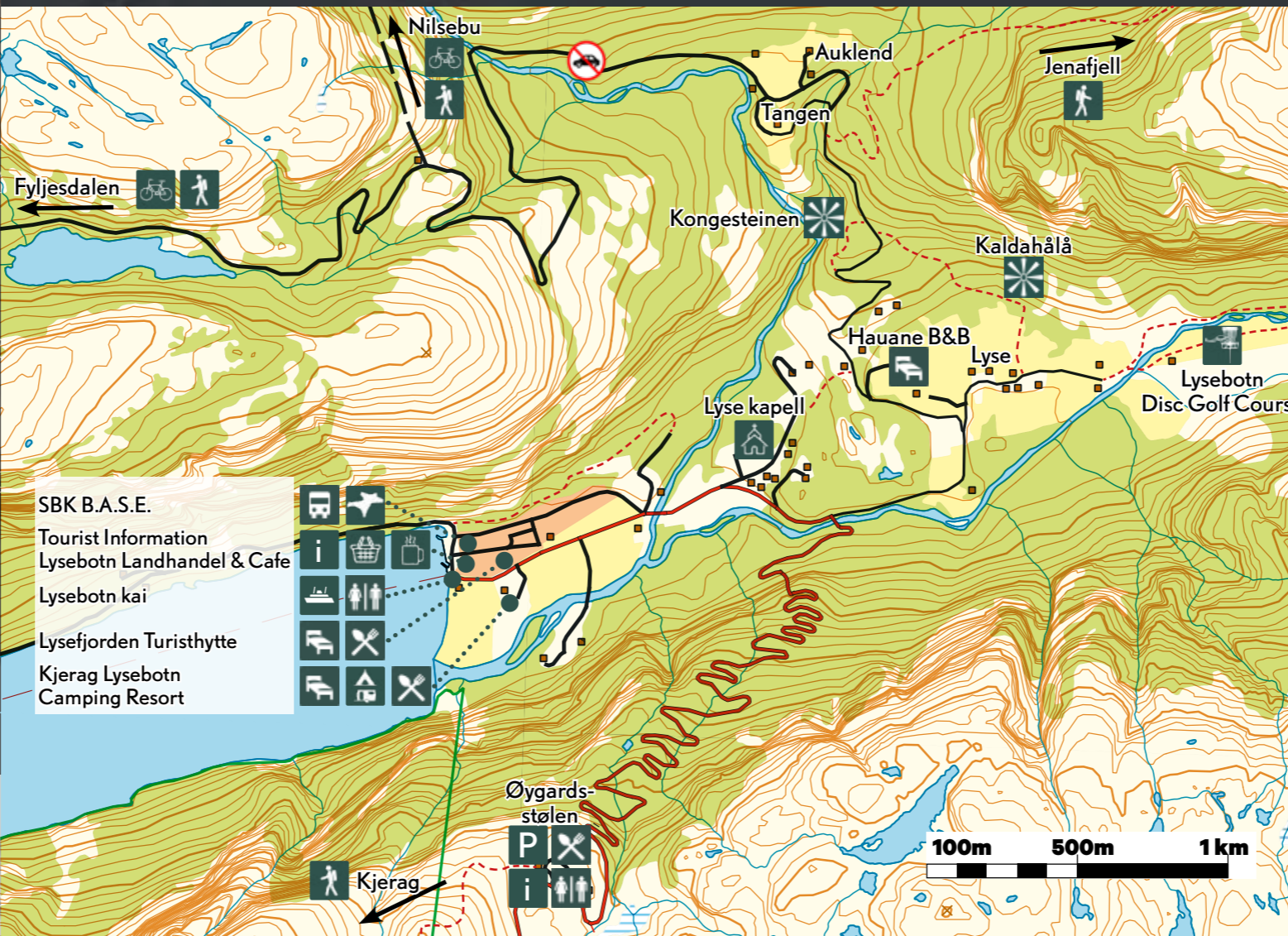
Lysebotn offers a variety of amenities, including accommodations, café, country store, disc golf course, and tourist information center. Situated at the very end of the fjord, it provides ferry access to Flørli, Songesand, Forsand/Preikestolen, and Lauvvik.

For those traveling by car, a scenic drive featuring 27 hairpin bends will lead you up the mountain to the Kjerag Trailhead and the mountain pass that connects to Sirdal.



KJERAG

Map & Info



KJERAG 365

Kjerag Trail

Difficulty	demanding
Distance	5,5 km (one way)
Duration	2,5 hour (one way)
Total elevation gain	750 meters
Summer season	May - October

The Kjerag Massif is renowned for its towering cliffs that soar 1,000 meters above the Lysefjord. Perched near the edge, the Kjerag Boulder rests wedged in a crevice of the mountain, a remnant from the massive ice sheet that once covered Norway over 10,000 years ago. The Kjerag Trail is a challenging and weather-exposed hike through varying terrain, featuring three steep hills and a mountain plateau.

For more information, please visit:
www.lysefjorden365.com/kjerag



Parking & Facilities

Kjerag Parking is located 7,5 km from Lysebotn.

- Parking facilities for cars, busses, motorhomes, motor cycles and bicycles.
- Toilet facilities.
- Tourist information.

Please follow and respect all instructions. The parking fee can be paid with creditcard at the parking lot machine, located in front of the toilet facility building. Kjerag Parking is managed as a non-profit organisation: revenue is used to improve the trail and facilities on-site.

Prices and other information can be found at www.lysefjorden365.com/kjerag



Overnight camping in a motorhome, caravan, car, tent, or in any other way is not allowed.

For camping, accommodation and restaurants, please check out hospitality operators in Lysebotn and the Lysefjord area.

www.lysefjorden365.com/plan-your-stay

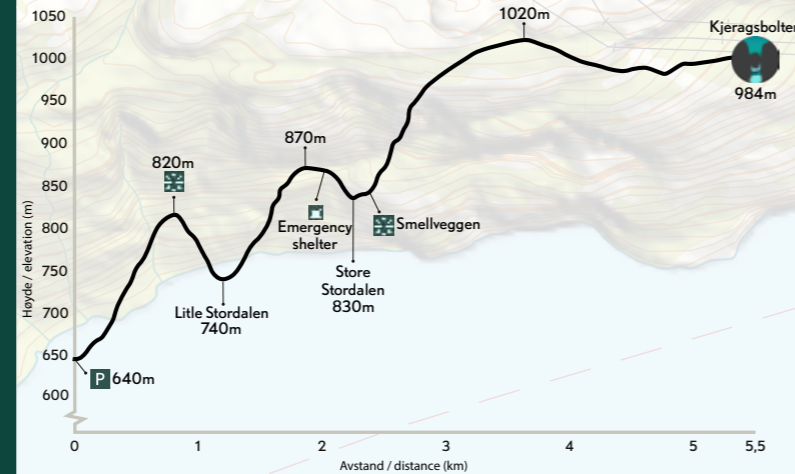
Share your experience with us!

At Kjerag, it is our goal to provide visitors with a safe, memorable and sustainable experience.

We would love to hear about your experience, and are open to any feedback, positive or negative.

By scanning the QR code below, you will open an anonymous questionnaire at lysefjorden365.com. You can use your own device to fill it out here and now, or at any time and place that suits you.

Thank you!



In case of emergency, call 112 (police) or 113 (ambulance)

Please respect the following

- Leave no trace - carry out all trash. There are no garbage bins along the trail.
- Visit the toilet before your hike. There are no toilets along the trail.
- Drones are not allowed at Kjerag and in the entire Fra fjordheiane Protected Landscape Area.
- Do not make rock piles (cairns), due to safety and esthetics.
- General bonfire ban April 15 - September 15. Never use disposable barbeques.
- No music on loudspeakers.

For your safety and wellbeing

- Consider your hiking skills, current conditions and changing weather.
- Use proper gear. In snow, you need cramp-ons.
- Bring a backpack with enough food, water and warm clothes.
- Listen to local advice.
- Stay on the trail. Pay attention to signs and red T's.
- There are sheep grazing along the trail. Keep your dog on a leash.
- You hike at your own risk. Turn around in time.
- Camp responsibly. Choose locations away from the edge. The best camping spots are in the valleys.



KJERAG 365

Fra fjordheiane Protected Landscape Area

Kjerag is located in the protected landscape area (*landskapsvernområde* in Norwegian) of Fra fjordheiane. It is part of system of 17 protected zones in Setesdal and Ryfylke, established to conserve a truly unique and awe-inspiring landscape. It is home to Europe's southernmost wild reindeer population, high-altitude mountain ridges abundant in plant life, and cultural relics and pastoral landscapes that reveal a lengthy and diverse history of use.

The highlands boast a remarkable array of contrasts. To the west, you'll be captivated by the stunning and dramatic scenery surrounding Lysefjorden and other Ryfylke fjords. The northern region features towering mountains with snow-capped peaks well into the summer months, complemented by pockets of vibrant, flourishing wildflowers. To the east and south, you'll find an expansive, undulating terrain dotted with countless picturesque lakes and streams.

Within these highlands, a population of 3,000 wild reindeer can be found, perpetually migrating between their favored grazing locations.

Please treat our protected zones with respect they deserve. Stay on the trails, don't take anything but pictures, and leave nothing but your footprints.

Thank you!